

PEM Fellows Conference
Sunday, March 9, 2025

AGENDA

4:00pm - 7:00pm	Registration	Courtyard Foyer
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5:00pm - 6:00pm	Cocktails (cash bar)	Visions
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6:15pm	Dinner Reception	Madison Ballroom
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7:00pm - 7:15pm	Introduction <i>Susan Fuchs, MD</i> <i>Charles Macias, MD, MPH</i>	
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	Welcome <i>TBD</i>	
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7:15pm - 7:25pm	American Academy of Pediatrics <i>TBD</i>	Madison Ballroom
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7:25pm - 7:40pm	Emergency Medical Services for Children and the Pediatric Pandemic Network <i>Charles Macias, MD, MPH</i>	
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Opening Plenary

7:40pm – 8:40pm	Plenary: The Power of Collaboration to Answer Important Questions <i>Indi Trehan, MD, MPH, DTM&H & Suzan Mazor, MD</i>	
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Clinical guidelines and practice pathways should not occur in the isolation of randomized trials and mouse models. Using acute malnutrition as an example, the speaker will share how working with ministries of health, non-governmental organizations, pharmacy boards, patient families, nurses, and more, can help lead to a more holistic interpretation of data that goes beyond p values and confidence intervals.

**Madison
Ballroom**

PEM Fellows Conference

Monday, March 10, 2025

AGENDA

7:00am - 8:00am

Breakfast (Meet the Faculty)

Courtyard
Ballroom

8:00am - 9:00am

Plenary: Redefining Failure: Using Your Imposter Syndrome to Find Your Niche

Ashish Shah, MD, MEd

Failure in medicine is inevitable. These failures come in all shapes and sizes from poor test score to a missed diagnosis. These failures open a highway directly to experiencing imposter syndrome. In a 2022 study assessing imposter syndrome in physicians by Shanafelt et al, pediatric subspecialties and pediatrics were 1 and 2 in fields of medicine in which imposter syndrome scores were highest. In Pediatric Emergency Medicine, we are placed in an environment where being comfortable with failure and personal feelings of imposter syndrome is a necessity. This plenary discusses different failures in medicine and illuminates a light on how frequent imposter syndrome is experienced. It also discusses the concept of Ikigai and how gaining a sharing your own imposter syndrome and failure can help guide professional growth and satisfaction by finding one's Ikigai.

Courtyard
Ballroom

9:00 am – 9: 15am

Break

9:15am - 10:30am

Workshops/Session IA (Choose One of four)

We're All in the Same Boat: Aligning Mentor/Mentee Expectations for Mutual Success

Elizabeth Jacobs, MD & Eileen Klein, MD, MPH

Effective mentorship is critical to success, yet how does one find that perfect person? We will review the characteristics of a good potential mentor, as well as explore the concept of mentorship teams to harness the strengths of different faculty members. Participants will take time to reflect on their personal mentor/mentee experiences, share successes as well as strategize on overcoming challenges. In addition, we plan to introduce the concept of mentorship agreements. These contracts can be used to help outline goals, expectations, and other aspects of collaborative work. After reviewing the basics of a mentorship agreement, we plan to explore several templates and spend time developing individual mentorship contracts to bring back to their home institutions.

South

PEM Fellows Conference
Monday, March 10, 2025
Continued

AGENDA

Powerful Precepting!

Jerri Rose, MD & Leslie Dingeldein, MD

East

Pediatric Emergency Medicine preceptors have the important challenge and opportunity to connect with multiple learners (at various stages of training) to teach essential acute care concepts and skills in a dynamic clinical setting—without compromising team function or clinical care. During this interactive workshop, fellow participants will learn and practice evidence-based strategies to connect with and engage learners, efficiently precept while teaching high-yield clinical pearls, manage common precepting challenges and provide timely and effective feedback to learners.

Integrating Advocacy in Academic Pediatric Emergency Medicine

Wee-Jhong Chua, MD & Sabreen Akhter, DO, DTM

North

As pediatricians, we are natural advocates for our patients and families. Advocacy in pediatric emergency medicine plays a vital role in ensuring the health and well-being of children. It involves a range of activities aimed at influencing policies, improving healthcare delivery, and addressing systemic issues that impact pediatric patients. Participants in this workshop will learn about advocacy in an academic PEM career and work on developing and refining an Advocacy Portfolio. The advocacy portfolio documents a scholarly approach to advocacy, which may help advance advocacy education and assist in academic promotion.

SQUIRE 2.0: How to write about (and publish!) your QI Project

Lori Rutman, MD, MPH

West

In this workshop, we will take a deep dive into the Standards for Quality Improvement Reporting Excellence (SQUIRE 2.0). Critically assess the SQUIRE 2.0 guidelines with a specific focus on *rationale* and *context*; unique elements that are key to writing and successfully publishing QI manuscripts. Fellows will directly apply these guidelines in a novel “Write, Pair, Share” exercise based on participants own QI projects or from an example QI project provided. At the conclusion of the workshop, we will discuss common errors and pitfalls of QI manuscripts and apply advice in an interactive question and answer session.

PEM Fellows Conference
Monday, March 10, 2025
Continued

AGENDA

10:30am - 10:45am	Break	Courtyard Foyer
10:45am - 12:00pm	Workshops/Session 1B (Choose One of Four)	
	We're in the Same Boat: Aligning Mentor/Mentee Expectations for Mutual Success <i>Elizabeth Jacobs, MD & Eileen Klein, MD, MPH</i>	South
	Powerful Precepting! <i>Jerri Rose, MD & Leslie Dingeldein, MD</i>	East
	Integrating Advocacy in Academic Pediatric Emergency Medicine <i>Wee-Jhong Chua, MD & Sabreen Akhter, DO, DTM</i>	North
	SQUIRE 2.0: How to write about (and publish!) your QI Project <i>Lori Rutman, MD, MPH</i>	West
9:15am - 10:30am 10:30am - 10:45am-Break (Courtyard Foyer) 10:45am - 12:00pm	Research Presentation Morning Sessions Fellow Research Presentations-Small Groups ***See Assignments*** Spring, James, Marion Columbia, Justice Room, Vista I, Vista II, Executive Boardroom	
12:00pm - 1:30pm	Lunch	Courtyard Ballroom
1:30pm - 4:30pm 2:45pm - 3:15pm-Break (Courtyard Foyer)	Quality Improvement Session	Visions
1:30pm – 2:45pm 2:45pm - 3:15pm-Break (Courtyard Foyer) 3:45pm - 4:30pm	Research Presentation Afternoon Sessions Fellow Research Presentations-Small Groups ***See Assignments*** Spring, James, Marion Columbia, Justice Room, Vista I, Vista II, Executive Boardroom	

PEM Fellows Conference
Monday, March 10, 2025
Continued

AGENDA

Workshops/Session 2A (Choose One of Four)

1:30p – 2:45pm

Practical applications for Artificial Intelligence in Pediatric Emergency Medicine

Brad Sobolewski, MD, MEd & Sakina Sojar, MD

North

This hands-on workshop is designed for Pediatric Emergency Medicine fellows to explore practical applications of artificial intelligence (AI) in their field. Participants will gain experience using AI tools to enhance their productivity and efficiency in various tasks. The workshop will cover how to use AI for text editing, image generation, presentation creation, theme summarization in documents, and audio transcription. Through interactive exercises and real-world examples, fellows will learn how to integrate AI into their daily practice to improve patient care and streamline administrative duties.

The Art of Negotiations: Win-Win vs Compromise –at work and with patients!

Javier Gonzalez del Rey, DIO, MD, MEd

South

During this interactive workshop, participants will be introduced to basic concepts in communication, conflict management, PEACE and LEAPS techniques as the first step prior to introduction of Win-Win Concept. Using real clinical, administrative, and educational cases, attendees will be then introduced to concept such as BATNA (Best Alternative to Negotiate Agreement) and the Meeting Objective / Goal Approach. At the end of this workshop, participants should have a clear understanding of the difference between Win Win vs Compromise applied to all aspects of PEM practice (education, advocacy, leadership, research, etc).

Work/Life Balance

Travis Dickerson-Young, MD; Kaileen Jafari, MD & Ben Price, MD

West

Join for a conversation about achieving work/life balance in the high-pressure world of pediatric emergency medicine. Discover practical strategies, listen to real-life experiences, and pick up valuable tips for balancing your career, family, and personal well-being.

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Monday, March 10, 2025
Continued

AGENDA

1:30pm – 2:45pm

Teamsmanship 100, 200 and 300

*Anita Thomas, MD, MPH; Jennifer Reid, MD;
 Rebekah Burns, MD; Ashley Keilman, MD;
 Neil Uspal, MD; Kate Wolpert, MD;
 Lauren Kinneman, DO; Ayush Sidde Gowada, MD &
 Evins Clauther, MD*

This workshop focuses on identifying and developing critical teamwork and communication skills. At the 100 level- participants will be introduced to core teamwork and communication skills, based on TeamSTEPPS. At the 200 level- Participants will then have the opportunity to simulate, implementing these skills and debriefing a non-medical event. At the 300 level- Participants will have the opportunity to simulate and implement these skills and debrief a medical event. To keep the focus on teamsmanship- all participants will be given a primer during the course on key medical knowledge and management decisions needed for the medical scenario.

East

2:45pm - 3:15pm

Break

Courtyard Foyer

3:15pm – 4:30pm

Workshops/Session 2B (Choose One of Four)

Practical applications for Artificial Intelligence in Pediatric Emergency Medicine

Brad Sobolewski, MD, MEd & Sakina Sojar, MD

North

The Art of Negotiations: Win-Win vs Compromise –at work and with patients!

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Work/Life Balance

*Travis Dickerson-Young, MD; Kaileen Jafari, MD &
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Teamsmanship 100, 200 and 300

Anita Thomas, MD, MPH; Jennifer Reid, MD; Rebekah Burns, MD; Ashley Keilman, MD; Neil Uspal, MD; Kate Wolpert, MD; Lauren Kinneman, DO; Ayush Sidde Gowada, MD & Evins Clauther, MD

East

PEM Fellows Conference

Tuesday, March 11, 2025

AGENDA

7:00am - 8:00am

Breakfast

Courtyard Ballroom

8:00am - 9:00am

Plenary: Lost in the Wilderness: What Wilderness Medicine can teach us about practicing Ethically and Maintaining Integrity in Pediatric Emergency Medicine

Douglas Diekema, MD, MPH

This session will focus on how ethical issues permeate the practice of pediatric emergency medicine, the nature of ethical dilemmas, the contents of the “ethical toolbox”, the physician’s responsibilities to the patient and the patient’s family, and the importance of maintaining integrity throughout a career in pediatric emergency medicine. The approach will be a unique one, using the frame of lessons learned from wilderness mishaps and how those lessons can be applied in patient and professional encounters where ethical issues arise. Through the liberal use of stories, learners will engage in thinking creatively about how to approach ethical issues in their interactions with patients, families, and colleagues.

**Courtyard
Ballroom**

9:00 am – 9: 15am

Break

9:15am - 10:30am

Workshops/Session IA (Choose One of four)

How to write a grant to support your fellowship Research project and have fun doing it!

Lise Nigrovic, MD, MPH & Eileen Klein, MD, MPH

You have designed your fellowship scholarly project. Now it’s time to apply for funding to support your project. We will discuss why applying for funding is important, even when your project can be completed without support. Then we will review the nuts and bolts of typical grant applications including the new format NIH biosketch. After discussing grant review criteria, you will have the opportunity to work in small groups to score actual grant applications. Finally, we will review available small grant mechanisms.

South

PEM Fellows Conference
Tuesday, March 11, 2025
Continued

AGENDA

9:15am - 10:30am

Workshops/Session IA (Choose One of four) (continued)

Practical Tools for Time and Task Management

Jason Woods, MD; Brad Sobolewski, MD, MEd & Shannon Flood, MD

The ongoing advancement of digital technologies continues to create many opportunities to improve “productivity”, but also have made separation of work and personal time more difficult. Constant intrusions from our devices can make mindfulness difficult and can contribute to burnout. However, the use of devices and digital tools for our work is not likely to diminish as time advances and it is necessary to use tools and system to both improve our work efficiency and preserve our personal time.

Vista

First Job Negotiations

Charles Macias, MD, MPH; Rachel Stanley, MD, MHSA & Tony Woodward, MD, MBA

Your first job out of fellowship, what is your new division chief looking for? During this panel discussion, you will find out what seasoned division chiefs are looking for when you interview, what you can get out of job interviews and how to make yourself attractive to your future division chief.

East

We’re Baaaack. Building an Immersive In-Person Teaching Environment in the Post-COVID Era

Christine Cho, MD, MPH, MEd & Joshua Nagler, MD, MPHEd

After years of learning over virtual platforms, many programs are returning to in-person educational sessions or using hybrid models. Traditional PowerPoint and didactic lectures may not be the optimal way to capture learners. Now, more than ever, there is an imperative to build an immersive learning environment through the use of dynamic educational strategies and creative approaches to in-person learning. This workshop will help participants understand educational principles around adult learning and utilize interactive and dynamic techniques to engage learners. Using a ‘choose your own adventure’ format, participants will learn how to incorporate approaches around creating relevance, promoting desirable difficulties, mastering time management during teaching, integrating audience response, mastering the flipped classroom model and others.

North/West

PEM Fellows Conference
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Continued

AGENDA

10:30am-10:45am **Break** **Courtyard Foyer**

10:45am-12:00pm **How to write a grant to support your fellowship
Research project and have fun doing it!**
Lise Nigrovic, MD, MPH & Eileen Klein, MD, MPH
South

Practical Tools for Time and Task Management
*Jason Woods, MD; Brad Sobolewski, MD, MEd &
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Vista

First Job Negotiations
*Charles Macias, MD, MPH; Rachel Stanley, MD, MHSA &
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East

**We're Baaaack. Building an Immersive In-Person
Teaching Environment in the Post-COVID Era**
Christine Cho, MD, MPH, MEd & Joshua Nagler, MD, MPHEd
North/West

12:15pm – 1:00pm **Careers in Pediatric Emergency Medicine**
*Javier Gonzalez del Rey, DIO, MD, MEd-Education
Charles Macias, MD, MPH-QI
Rachel Stanley, MD, MHSA-Research
Indi Trehan, MD, MPH, DTM&H-Global Health
Tony Woodward, MD, MBA-Administration*
**Courtyard
Ballroom**